

# BIKE EVEREST TIROL

## 8.848 Meters of impressive ascent between Garmisch and the Reschenpass

A completely new adventure for mountain bike enthusiasts: conquer Everest in the mountains between Garmisch-Partenkirchen and Nauders on the Reschenpass!

Mount Everest is 8,848 meters high - this is exactly the number of meters you have to climb with magnificent views of majestic mountains and deeply sloping gorges, fantastic waterfalls and crystal-clear mountain lakes. The "Mountain Bike Everest" can either be "biked" as a continuous journey or a choice of 2 demanding sections.

### Highlights

- Fascinating views of well-known mountain peaks such as the Zugspitze, the Königsspitze or the Ortler
- Impressive and varied mountain landscapes in Bavaria and Tyrol
- Culinary delicacies of traditional mountain huts and restaurants
- Personal BIKE EVEREST TIROL certificate and unique Stone Pine (Zirben) Trophy

### Route characteristics

- ~ Forest Tracks and trails and manageable single trails; some demanding uphill / downhill sections.
- ~ Suitable for young people from the age of approx. 14 years (appropriate enthusiasm for cycling and biking skills required)

### Level of difficulty

Mountain Bike 🌀🌀🌀🌀🌀

- Skilled handling of mountain bike required – especially going down hill
- Several demanding up and down hill passages

### Arrival | Travel time | Type of trip

- 📅 Daily from June 20<sup>th</sup> to September 15<sup>th</sup>, 2026
- 📅 Whole Tour: 9 days | 8 nights, approx. 280 cycling-km, 8.848 hm
- 📅 Part 1: Garmisch-Partenkirchen - Imst – 5 days | 4 nights, approx. 140 km, approx. 3.600 m ascent
- 📅 Part 2: Imst - Nauders – 6 days | 5 nights, approx. 145 km, approx. 5.250 m ascent
- 📅 Stretch trip
- 📅 Individual cycling trip
- 📅 From 2 persons (single travellers on application)

## Itinerary

### Day 1: Individual journey to Garmisch-Partenkirchen

Garmisch-Partenkirchen 'touched'! First with its nature and the impressive panorama of the surrounding mountains, then with the picturesque alleys, above all Ludwigstrasse as well as the cozy guest gardens and cafés, you will feel very welcome. With the warm summer air, a helping of Olympic flair and a cold beer from one of the numerous restaurants in the historic Partenkirchen district - and you get that real Bavarian holiday feeling.

You will also quickly feel – that you will want to stay here, at least for another night

### Day 2: Round trip Zugspitze region (approx. 50 km | 1100 m ascent)

Garmisch-Partenkirchen's motto "Discover your true nature" is perfect with the first stage, which leads to idyllic alpine pastures, wildly romantic gorges and crystal-clear mountain and bathing lakes.

A scenic and challenging tour in front of the impressive backdrop of the Wetterstein Mountains and Germany's highest mountain, the Zugspitze. Start and finish in Garmisch-Partenkirchen.

At the end of the stage you cycle through the Olympic town of Garmisch and experience the world-famous ski and hiking resort for another evening with a well-deserved culinary feast.

### Day 3: Garmisch-Partenkirchen – Region Tyrolean Zugspitz Arena (approx. 30 km | 900 m ascent)

"Biking on the borders" is today's motto. Rivers, lakes and mountains are the natural backdrop for this stage. Upstream of the Loisach, the path initially leads to Grainau. Then there is a true natural wonder, the Eibsee, one of the most beautiful lakes in Bavaria.

You cycle on to the "border area" of the Tyrolean Zugspitz Arena, where you can look back to Eibsee and you can already see your rest stop at the Hochthörle Mountain Hut.

Those who want to start the day early can also reach the summit of the Zugspitze, the highest mountain in Germany. The new Zugspitz cable car from Eibsee and the Ehrwalder Zugspitzbahn are right on the route.

### Day 4: Region Tyrolean Zugspitz Arena – Imst (approx. 60 km | 1600 m ascent)

Good morning and get on your bike, another eventful day is ahead – today is all about mountain lakes.

This stage is the most demanding section of the BIKE EVEREST TIROL, however, it is really impressive with numerous highlights. The unique all-round view from the Grubigstein summit house, a refreshing paddle at the Loisach springs or a pleasant swim in the Blindsee will delight you.

Then at Mittersee, Weissensee or Fernsteinsee, it becomes clear why this stage is 'all about the lakes' 😊

### Day 5: Imst - Landeck (approx. 40 km | 1300 m ascent)

True to the motto "A whole day in Tyrol", this stage leads through the middle of an idyllic mountain backdrop of woods and meadows to the Obermarkter Alm. The day also impresses with a gastronomic potpourri of alpine pastures, huts and traditional inns.

This section is also visually very varied with its castle ruins (Kronburg and Schrofenstein), gorges and hamlets high above the Inn Valley.

**Day 6: Landeck – Serfaus/Fiss/Ladis** (approx. 40 km | 1500 m ascent)

From Landeck, this stage leads according to the motto "In the footsteps of the ancient Romans" along the historic Via Claudia Augusta via Landeck Castle to the nature park community of Fließ. Here you can find out about the history of the Roman Imperial Road.

The route then leads further into the valley to the village of Neuer Zoll and over a forest path to the Schöngampalm, a rustic and cozy alpine hut on the north side of Fiss. The day is rounded off with leisurely bike along the Fisser Almweg to Fiss and then to Serfaus.

**Day 7: Serfaus/Fiss/Ladis - Pfunds** (approx. 25 km | 800 m ascent)

After a rapid descent and "only" 800 meters of ascending, you will reach a unique natural jewel, the Pfundser Tschey. A plateau which, due to its scenic beauty, is one of the great treasures of the Tyrolean Upper Lands. At the end of this plateau, the route leads back into the valley to Pfunds without much effort.

Today's motto could be: "A moment can shape more than a whole year."

**Day 8: Pfunds – Summit: Plamort resp. Nauders** (approx. 40 km | 1550 m ascent)

The final stage of the journey is tough one and today's motto keeps its promise: "The view crowns what has been achieved". From a historical point of view, the Finstermünz Fortress and Naudersberg Castle are fascinating. The impressive landscape has many highlights such as the Finstermünz Gorge and the Plamort high moor, which once again reveals unforgettable views of impressive peaks and thus represents a worthy destination for the BIKE EVEREST TIROL.

In biking terms, at the end of the day you have reached the big goal - within 7 stages you have climbed 8,848 meters and biked around 280 km - CONGRATULATIONS!

**Day 9: Individual travel home or extension**

## Included Services | Price per Person | Optional Extras

### Included Services

- ✓ 8 (whole Tour) 4 or 5 (Section 1 or Section 2) overnight stays with a rich breakfast in Hotels of 3- star standard.
- ✓ Luggage transport from accommodation to accommodation
- ✓ INNTOUR navigation app with digital travel documents | GPS data available via navigation app
- ✓ Phone service daily from 8:30 am to 7:00 pm

### Price – Whole Tour:

	per Person
- Base price in Double Room	Euro 1.499,00
- Single room Supplement	Euro 419,00

### Price – Section 1 (Garmisch-Partenkirchen to Imst)

	per Person
- Base price in Double Room	Euro 765,00
- Single room Supplement	Euro 249,00

### Price – Section 2 (Imst to Nauders)

	per Person
- Base price in Double Room	Euro 979,00
- Single room Supplement	Euro 225,00

Locally varying taxes (local taxes, etc.) - if applicable - are not included in the travel price; payable on site.

### Optional Extras

	per Person
- Extra night in Garmisch in DR/B&B	Euro 119,00
- Extra night in Garmisch in SR/B&B	Euro 179,00
- Extra night in Imst in DR/B&B	Euro 89,00
- Extra night in Imst in SR/B&B	Euro 119,00
- Extra night in Nauders in DR/B&B	Euro 90,00
- Extra night in Nauders in SR/B&B	Euro 129,00
- MTB Rental	on request
- E-MTB Rental – whole tour	Euro 370,00
- E-MTB Rental – section 1 or section 2	Euro 300,00
- Return transfer from Nauders to Garmisch (after the overnight stay)	Euro 165,00*
- Return transfer from Imst to Garmisch (after the overnight stay)	Euro 95,00*
- Return transfer from Nauders to Imst (after the overnight stay)	Euro 95,00*
- Pre transfer or vehicle transfer to the end point	on request

\* 25 % discount for groups of 4 persons or more